

1 Anti-oxidative and Anti-inflammatory Protection from Carnosine in  
2 Striatum of MPTP-treated Mice

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1 **ABSTRACT**

2 Mice treated with 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) were used to  
3 examine the neuroprotective effects of carnosine. Carnosine at 0.5, 1 and 2 g/L was  
4 directly added to the drinking water for 4 wk. MPTP treatment significantly depleted  
5 striatal glutathione content, reduced the activity of glutathione peroxidase (GPX),  
6 superoxide dismutase (SOD) and catalase, increased malondialdehyde and reactive oxygen  
7 species levels, and elevated interleukin-6, nitrite and tumor necrosis factor- $\alpha$  production as  
8 well as enhanced inducible nitric oxide synthase (iNOS) activity in striatum ( $P<0.05$ ).  
9 The pre-intake of carnosine significantly attenuated MPTP-induced glutathione loss,  
10 retained the activity of GPX and SOD, diminished oxidative stress, and lowered  
11 inflammatory cytokines and nitrite levels as well as suppressed iNOS activity ( $P<0.05$ ).  
12 MPTP treatment significantly suppressed GPX mRNA expression and enhanced iNOS  
13 mRNA expression ( $P<0.05$ ). Carnosine pre-intake significantly elevated GPX mRNA  
14 expression and declined iNOS mRNA expression ( $P<0.05$ ). Pre-intake of carnosine also  
15 significantly improved MPTP-induced dopamine depletion and maintained  
16 3,4-dihydroxyphenylacetic acid and homovanillic acid levels ( $P<0.05$ ). These results  
17 suggest that carnosine could provide anti-oxidative and anti-inflammatory protection for the  
18 striatum against the development of Parkinson's disease.

19

20 **KEYWORDS:** carnosine; Parkinson's disease; oxidative stress; iNOS activity; mRNA  
21 expression

## 1 **Abbreviations**

- 2 DA, dopamine; DAT, dopamine transporter; DOPAC, 3,4-dihydroxyphenylacetic acid;  
3 GPX, glutathione peroxidase; GSH, glutathione; HVA, homovanillic acid; IL-1 $\beta$ ,  
4 interleukin-1 $\beta$ ; iNOS, inducible nitric oxide synthase; MDA, malonyldialdehyde; MPTP,  
5 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine; NO, nitric oxide; PD, Parkinson's disease;  
6 ROS, reactive oxygen species; RT-PCR, reverse transcription-polymerase chain reaction;  
7 SOD, superoxide dismutase; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ;

## 1 INTRODUCTION

2        Parkinson's disease (PD) is one of the major neurodegenerative diseases in the world.  
3 It is characterized by massive degeneration of nigrostriatal dopamine (DA) neurons in the  
4 substantia nigra pars compacta and the resultant deficiency in the neurotransmitter DA at  
5 the nerve terminals in the striatum (1, 2). The biochemical and cellular changes that occur  
6 after administration of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) in animals  
7 are remarkably similar to those seen in idiopathic PD; thus, MPTP-induced PD has been  
8 widely used as a model for investigating pathogenic mechanisms of PD (3, 4). Oxidative  
9 stress and neuroinflammatory processes have been implicated as important mechanisms  
10 responsible for neuronal death in PD because reactive oxygen species (ROS), oxidized DA  
11 metabolites, nitric oxide (NO) and inflammatory cytokines are toxic to nigral neurons (5, 6).  
12 Thus, there is an increasing interest to examine the use of appropriate agent(s) to prevent or  
13 attenuate oxidative and inflammatory damage in PD (7, 8).

14        Carnosine (beta-alanyl-L-histidine) is endogenously synthesized peptide present in brain,  
15 skeletal muscle and liver (9). It has been reported that carnosine concentration in rat  
16 tissues could be increased by dietary supplementation (10). Several studies have indicated  
17 that this compound could provide both anti-oxidative and anti-inflammatory protection  
18 against diabetic deterioration and ethanol-induced chronic liver injury in mice (11, 12).  
19 Shen et al. (13) and Fu et al. (14) reported that carnosine could attenuate  
20 N-methyl-D-aspartate- and Aβ42-induced neurotoxicity in differentiated rat PC12 cells  
21 through carnosine-histidine-histamine pathway and/or inhibiting glutamate release. Those  
22 previous studies support that carnosine is a potent neuroprotective agent against oxidative  
23 and inflammatory progression in neurodegenerative diseases; however, further animal study  
24 is necessary to demonstrate the *in vivo* neuroprotective effects of carnosine.

1 In this study, MPTP was used to induce neurotoxicity in mice. Both anti-oxidative  
2 and anti-inflammatory activities of carnosine were examined in the mouse striatum, in  
3 which the impact of this agent at various doses on striatal content of glutathione (GSH),  
4 ROS and nitrite, activity of glutathione peroxidase (GPX) and inducible nitric oxide  
5 synthase (iNOS), and level of tumor necrosis factor (TNF)- $\alpha$  and interleukin (IL)-6 was  
6 determined. Furthermore, the effect of this agent on striatal level of DA metabolites such  
7 as 3,4-dihydroxyphenylacetic acid (DOPAC) and mRNA expression of DA transporter  
8 (DAT) was also evaluated.

## 9 10 **MATERIALS AND METHODS**

11 **Animals and Diets.** Three- to four-week-old male C57BL/6 mice were obtained  
12 from National Laboratory Animal Center (National Science Council, Taipei City, Taiwan).  
13 Mice were housed on a 12-h light-12-h dark schedule, and fed with water and mouse  
14 standard diet for one week acclimation. Use of the mice was reviewed and approved by  
15 both Chung Shan Medical University and China Medical University animal care  
16 committees.

17 **Experimental Design.** Carnosine (98%), purchased from Sigma Chemical Co. (St.  
18 Louis, MO, USA), at 0.5, 1 or 2 g/L, was directly added to the drinking water. After  
19 4-wk supplementation, mice were treated by daily subcutaneous injection of vehicle  
20 saline or MPTP (24 mg/kg body weight) for 6 consecutive days. Mice were sacrificed  
21 by decapitation. Brain was quickly removed and the striatum was collected. The  
22 striatum at 0.15 g was homogenized on ice in 2 mL of phosphate buffer (pH 7.2) and the  
23 filtrate was collected. Protein concentration of striatal filtrate was determined by a  
24 commercial assay kit (Pierce Biotechnology Inc., Rockford, IL, USA) with bovine serum

1 albumin used as standard. In all experiments, the sample was diluted to a final  
2 concentration of 1 mg protein/mL.

3 **Determination of MPP<sup>+</sup> Level.** The MPP<sup>+</sup> level in striatum was determined  
4 according to HPLC method of Richardson et al. (15). Briefly, striata were sonicated in  
5 5% trichloroacetic acid and centrifuged for 10 min at 14,000 g, and the supernatants were  
6 collected for analysis. HPLC was equipped with a reverse-phase C18 column (Alltech  
7 Associates Inc., Deerfield, IL, USA), and the ultraviolet detector was set at 290 nm.  
8 MPP<sup>+</sup> was identified by comparing retention time with a known standard and concentration  
9 was calculated from a standard curve.

10 **Measurement of DA, DOPAC and Homovanillic Acid (HVA).** The levels of DA,  
11 DOPAC and HVA were determined by HPLC methods (15). Briefly, the striatum was  
12 homogenized in 0.1 mol/L of perchloric acid containing 0.1 mM  
13 ethylene-diaminetetraacetic acid. After centrifuging at 12,000 g for 60 min at 4°C, the  
14 supernatant was collected for analysis. HPLC equipped with a coulometric electrode  
15 array detector was used to quantify.

16 **Determination of Lipid Oxidation and ROS.** Malonyldialdehyde (MDA), an index  
17 of lipid peroxidation, was measured by using a commercial assay kit (OxisResearch,  
18 Portland, OR, USA). The method described in Gupta et al. (16) was used to measure  
19 ROS level. Briefly, 10 mg tissue was homogenized in 1 mL of ice cold 40 mM Tris-HCl  
20 buffer (pH 7.4), and further diluted to 0.25% with the same buffer. Then, samples were  
21 divided into two equal fractions. In one fraction, 40 µL 1.25 mM 2', 7'-dichlorofluorescein  
22 diacetate in methanol was added for ROS estimation. Another fraction, in which 40 µL  
23 methanol was added, served as a control for auto fluorescence. After incubating for  
24 15 min at 37 °C, fluorescence was determined at 488 nm excitation and 525 nm emission

1 using a fluorescence plate reader.

2 **Analyses for Carnosine, GSH and Total Antioxidant Capacity.** Carnosine  
3 concentration was quantified according to the method described in Kamal et al. (17) by  
4 HPLC equipped with a 5- $\mu$ m Waters Symmetry C18 column (250 x 4.6 mm). GSH  
5 concentration in striatal filtrate was determined by a commercial colorimetric GSH assay  
6 kit according to the manufacturer's instruction (OxisResearch, Portland, OR, USA).  
7 Reduced GSH was determined in this study. Total antioxidant capacity was measured via  
8 monitoring the change in absorbance at 593 nm by the method of Benzie and Strain (18), in  
9 which ferric tripyridyltriazine complex could be reduced by nonenzymatic antioxidants  
10 such as ascorbic acid presented in the sample.

11 **Catalase, superoxide dismutase (SOD) and GPX Activity Assay.** The activities of  
12 catalase, SOD, and GPX in the striatum were determined by catalase, SOD, and GPX assay  
13 kits (Calbiochem, EMD Biosciences, Inc., San Diego, CA, USA). The enzyme activity  
14 was expressed in U/mg protein.

15 **Cytokine Measurements.** Striatal levels of IL-1 $\beta$ , IL-6, TNF- $\alpha$  and monocyte  
16 chemoattractant protein (MCP)-1 were measured by ELISA methods using cytoscreener  
17 immunoassay kits (Bio-Source International, Camarillo, CA, USA). The sensitivities of  
18 assay with the detection limit were 5 pg/mL for IL-1 $\beta$  and IL-6, and 10 pg/mL for TNF- $\alpha$   
19 and MCP-1.

20 **Nitrite Assay and NOS Activity.** The production of nitric oxide was determined by  
21 measuring the formation of nitrite. Briefly, 100  $\mu$ L of supernatant was treated with nitrate  
22 reductase, NADPH and FAD, and incubated for 1 h at 37  $^{\circ}$ C in the dark. After  
23 centrifuging at 6,000 g, the supernatant was mixed with Griess reagent for color

1 development. The absorbance at 540 nm was measured and compared with a sodium  
2 nitrite standard curve. The methods described in Sutherland et al. (19) were used to  
3 measure total NOS and iNOS activities. Total NOS activity was determined via  
4 incubating 30  $\mu$ L of homogenate with 10 mM  $\beta$ -nicotinamide adenine dinucleotide  
5 phosphate, 10 mM L-valine, 3000 U/mL calmodulin, 5 mM tetrahydrobiopterin, 10 mM  
6  $\text{CaCl}_2$ , and a mixture of 100  $\mu$ M L-arginine containing L-[ $^3\text{H}$ ]arginine. iNOS activity was  
7 measured excluding  $\text{CaCl}_2$  and adding 10 mM ethylene glycol tetraacetic acid. Then,  
8 reaction was stopped by 1 mL of 20 mM HEPES buffer (pH 5.5). A dowex column was  
9 used to separate L-[ $^3\text{H}$ ]arginine and L-[ $^3\text{H}$ ]citrulline. The amount of L-[ $^3\text{H}$ ]citrulline was  
10 assessed by liquid scintillation counter (Beckman Coulter, LS6500, Fullerton, CA, USA).

#### 11 **Reverse Transcription Polymerase Chain Reaction (RT-PCR) for mRNA**

12 **Expression.** Part of the striatum was homogenized in guanidiniethiocyanate, and total RNA  
13 was extracted. Two micrograms of total RNA was used to generate cDNA, which was  
14 amplified using Taq DNA polymerase. PCR was carried out in 50  $\mu$ L of reaction mixture  
15 containing Taq DNA polymerase buffer (20 mM Tris-HCl, pH 8.4, 50 mM KCl, 200 mM  
16 dNTP, 2.5 mM  $\text{MgCl}_2$ , 0.5 mM of each primer) and 2.5 U Taq DNA polymerase. The  
17 specific oligonucleotide primers for DAT, GPX, iNOS and glyceraldehyde-3-phosphate  
18 dehydrogenase (GAPDH, the housekeeping gene) are as follows (8, 20), DAT: forward  
19 5'-ATC AAC CCA CCG CAG ACA CCA GT-3', reverse, 5'-GGC ATC CCG GCA ATA  
20 ACC AT-3'; GPX: forward, 5'-CCT CAA GTA CGT CCG GCC TG-3', reverse, 5'-CAA  
21 CAT CGT TGC GAC ACA CC-3'; iNOS; forward, 5'-ATG ACC AGT ATA AGG CAA  
22 GC-3', reverse, 5'-GCT CTG GAT GAG CCT ATA TTG-3'; GAPDH: forward, 5'-TGA  
23 TGA CAT CAA GAA GGT GGT GAA G-3', reverse, 5'-CCT TGG AGG CCA TGT



1 AGG CCA T-3'. The cDNA was amplified under the following reaction conditions: 94 °C  
2 for 1 min, 57 °C for 1 min, and 72 °C for 1 min. 28 cycles were performed for GAPDH  
3 and 32 cycles were performed for DAT, GPX and iNOS. A 10-μL aliquot of each PCR  
4 product was analyzed on a 2% agarose gel containing 0.5 μg/mL of ethidium bromide.  
5 Quantitative analysis for PCR products was performed by a BAS 2000 BIO-image analyzer  
6 (Fuji Photo Film Co., Tokyo, Japan), in which PCR products were illuminated by  
7 computerized densitometric scanning of the images. mRNA level was calculated as  
8 percentage of the control group.

9 **Statistical Analysis.** The effect of each treatment was analyzed from 10 mice (n = 10)  
10 in each group. All data were expressed as mean ± standard deviation (SD). Statistical  
11 analysis was done using one-way analysis of variance (ANOVA), and post-hoc  
12 comparisons were carried out using Dunnet's t-test. *P* values <0.05 were considered as  
13 significant.

14

## 15 **RESULTS**

16 As shown in Table 1, the intake of carnosine did not affect daily water intake and final  
17 body weight (*P*>0.05). The treatment of carnosine and/or MPTP did not significantly  
18 affect the weight of whole brain and striatum (data not shown). Compared with MPTP  
19 treatment alone, the pre-intake of carnosine did not significantly affect striatal MPP<sup>+</sup> level  
20 (*P*>0.05, data not shown).

21 The effects of carnosine intake and/or MPTP treatment on striatal levels of carnosine,  
22 GSH, total antioxidant capacity, MDA and ROS are presented in Table 2. The intake of  
23 carnosine at 1 and 2 g/L significantly increased carnosine and GSH content in striatum

1 ( $P<0.05$ ). MPTP treatment significantly decreased levels of carnosine, GSH and total  
2 antioxidant capacity, and increased the production of MDA and ROS ( $P<0.05$ ). However,  
3 the pre-intake of carnosine dose-dependently diminished MPTP-induced GSH loss  
4 ( $P<0.05$ ). Furthermore, carnosine pre-treatments at 1 and 2 g/L significantly retained  
5 carnosine and total antioxidant capacity levels, as well as decreased production of MDA  
6 and ROS ( $P<0.05$ ). The effect of carnosine and/or MPTP treatment on the activity of  
7 GPX, SOD and catalase is presented in Table 3. Carnosine pre-treatments alone did not  
8 affect the activity of these enzymes ( $P>0.05$ ). MPTP treatment significantly reduced the  
9 activity of three test enzymes ( $P<0.05$ ); however, the pre-intake of carnosine  
10 dose-dependently attenuated MPTP-induced GPX activity loss; but only at 1 and 2 g/L  
11 significantly retained the activity of SOD and catalase ( $P<0.05$ ).

12 The effect of carnosine and/or MPTP treatment on the level of IL-1 $\beta$ , IL-6, TNF- $\alpha$   
13 and MCP-1 is presented in Table 4. Carnosine pre-treatments alone did not affect these  
14 cytokines ( $P>0.05$ ); however, MPTP treatment significantly increased the release of four  
15 test cytokines ( $P<0.05$ ). The pre-intake of carnosine dose-dependently decreased TNF- $\alpha$   
16 production; but this agent significantly lowered IL-1 $\beta$  and IL-6 levels at 1 and 2 g/L  
17 ( $P<0.05$ ). Carnosine pre-intake only at 2 g/L significantly reduced MPTP-caused MCP-1  
18 release ( $P<0.05$ ).

19 As shown in Figure 1, MPTP treatment significantly increased nitrite production and  
20 elevated total NOS and iNOS activities ( $P<0.05$ ). The pre-intake of carnosine  
21 dose-dependently decreased nitrite production and iNOS activity ( $P<0.05$ ); but this agent at  
22 1 and 2 g/L significantly lowered total NOS activity ( $P<0.05$ ). MPTP treatment  
23 significantly down-regulated DAT and GPX mRNA expression, and up-regulated iNOS

1 mRNA expression (Figure 2,  $P<0.05$ ). The pre-intake of carnosine dose-dependently  
2 enhanced GPX expression and suppressed iNOS expression ( $P<0.05$ ). Carnosine  
3 pre-treatments failed to affect DAT expression ( $P>0.05$ ). As shown in Table 5, MPTP  
4 treatment significantly decreased the striatal content of DA, DOPAC and HVA ( $P<0.05$ ).  
5 The pre-intake of carnosine dose-dependently attenuated MPTP-induced DA loss; but only  
6 at 1 and 2 g/L significantly retained DOPAC and HVA content ( $P<0.05$ ).

7

## 8 **DISCUSSION**

9 In our present study, carnosine pre-intake markedly attenuated MPTP-caused  
10 oxidative and inflammatory stress by lowering ROS, NO and inflammatory cytokines  
11 production, as well as mediating activity and mRNA expression of GPX and iNOS in  
12 striatum. Because carnosine pre-intake did not affect the striatal MPP<sup>+</sup> level; thus, the  
13 observed antioxidant protective action from this agent was not due to its scavenging  
14 activity on MPP<sup>+</sup>. Therefore, our results support that carnosine is an effective  
15 anti-oxidative and anti-inflammatory agent against the development of neurodegenerative  
16 diseases such as PD. Since carnosine could mediate the mRNA expression of GPX and  
17 iNOS, this agent might exert its functions at the level of transcription.

18 The increased carnosine content in brain via dietary intake as we observed implied that  
19 this compound was able to penetrate the blood-brain barrier. It is reported that carnosine  
20 could scavenge free radicals and chelate divalent metal ions (21). Thus, partial  
21 anti-oxidative protection for MPTP-treated mice from this compound should be ascribed to  
22 its free radical scavenging action. Postmortem study indicated that GSH content in  
23 substantia nigra of PD patients was decreased; and GSH depletion has been proposed as the  
24 first indicator of oxidative stress during PD process (22). Thus, maintaining GSH level in

1 brain may delay PD progression. In our present study, carnosine intake elevated GSH  
2 content in brain from mice without MPTP treatment. This finding suggested that  
3 carnosine might be able to spare GSH and favor GSH homeostasis, which definitely  
4 contributed to enhance anti-oxidative protection for brain. In addition, we notified that  
5 carnosine pre-intake effectively attenuated MPTP-caused decline in striatal GSH and total  
6 antioxidant capacity. These results implied that carnosine participated in the  
7 anti-oxidative defense to protect brain of MPTP-treated mice via sparing other antioxidant  
8 agents or elevating the overall reducing power of this tissue. On the other hand, we found  
9 that carnosine intake markedly alleviated subsequent MPTP-caused activity decrease in  
10 GPX, SOD and catalase, and dose-dependently up-regulated mRNA expression of GPX,  
11 which further diminished oxidative damage in this tissue. Therefore, the results of our  
12 present study support that carnosine could mitigate oxidative injury in brain of  
13 MPTP-treated mice via both non-enzymatic and enzymatic antioxidant protective actions.

14 Increased level of proinflammatory cytokines such as TNF- $\alpha$  and IL-6 in the  
15 nigrostriatal region of postmortem brains from patients with sporadic PD is reported (23).  
16 The inhibition of TNF- $\alpha$  response has been considered as a promising target for developing  
17 anti-parkinsonian drugs for inflammatory treatment in PD (24). Our present study found  
18 that carnosine dose-dependently decreased MPTP-induced TNF- $\alpha$  production, and also  
19 effectively lowered IL-1 $\beta$  and IL-6 release at 1 and 2 g/L. Thus, carnosine could alleviate  
20 inflammatory damage via diminishing inflammatory cytokines production. On the other  
21 hand, iNOS is one of three NOS forms in the central nerves system. Overexpressed iNOS  
22 and elevated NO production are the most important neurotoxic effectors contributed to the  
23 loss of dopaminergic neurons and inflammatory deterioration of PD (25). Furthermore,

1 marked up-regulation of iNOS in the nigrostriatal region of postmortem brains from PD  
2 patients has been observed (26). Thus, inflammatory response in PD could be also  
3 improved via suppressing iNOS activity and lowering NO level. In our present study,  
4 carnosine pre-intake dose-dependently suppressed iNOS mRNA expression and inhibited  
5 activity of total NOS and iNOS, which consequently lowered NO production. It is  
6 reported that TNF- $\alpha$ -mediated activation of NF-kappaB is responsible for iNOS  
7 upregulation (27). However, Eberhardt et al. (28) indicated that NO is required for the  
8 expression of proinflammatory cytokines in macrophages. Obviously, there is a closed  
9 link in inflammatory regulation between NO/iNOS and proinflammatory cytokines such as  
10 TNF- $\alpha$ . Thus, carnosine seems a more efficient anti-inflammatory agent because it could  
11 suppress both production and activity of NO, iNOS and proinflammatory cytokines.

12 DAT is involved in DA homeostasis and sensitivity to dopaminergic neurotoxicants  
13 (29). As reported by others, MPTP depleted the striatal DA level (1) and suppressed gene  
14 expression of DAT (30). The results of our present study agreed those previous studies.  
15 However, we found the pre-intake of carnosine substantially locked MPTP-induced DA  
16 depletion in the striatum without alleviating MPTP-induced DAT depletion. Apparently,  
17 the increased DA level from this compound was not associated with DAT expression. It  
18 is highly possible that carnosine by its anti-oxidative and anti-inflammatory actions directly  
19 protected nigrostriatal dopaminergic neurons and ameliorated DA degeneration in the  
20 substantia nigra pars compacta. Since DA depletion was improved, the increased levels of  
21 DOPAC and HVA, metabolites of DA, could be explained. Carnosine is a naturally  
22 occurring dipeptide. Thus, the supplement of this compound might be safe. The major  
23 food source of carnosine is muscle foods such as chicken and beef (31). These muscle

1 foods also contain considerable fat. Based on healthy consideration, it may not be  
2 practical to increase muscle foods consumption in order to obtain carnosine.

3 In conclusion, the pre-intake of carnosine effectively alleviated MPTP-induced  
4 oxidative stress, inflammatory damage and DA loss. This agent exhibited anti-oxidative  
5 and anti-inflammatory activities by increasing GSH and carnosine content, elevating the  
6 activity of GPX and SOD, decreasing IL-6 and TNF- $\alpha$  levels, suppressing NO production  
7 and iNOS activity, as well as regulating mRNA expression of GPX and iNOS in striatum,  
8 which consequently retained levels of neurotransmitters such as DA, DOPAC and HVA.  
9 These results suggest that carnosine is a potent neuroprotective agent against the  
10 development of PD.

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12

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21

1 **Table 1.** Water intake (WI) and body weight of mice consumed 0.5, 1 or 2 g/L carnosine  
 2 (Car) at 1 and/or 4 week. Data are mean  $\pm$  SD (n=10).

Time, wk	WI, mL/mouse/d		Body weight, g
	1	4	4
Control	2.0 $\pm$ 0.5 <sup>a</sup>	3.1 $\pm$ 0.6 <sup>a</sup>	25.0 $\pm$ 0.9 <sup>a</sup>
Car			
0.5	2.3 $\pm$ 0.6 <sup>a</sup>	3.4 $\pm$ 0.4 <sup>a</sup>	24.3 $\pm$ 0.7 <sup>a</sup>
1	2.1 $\pm$ 0.4 <sup>a</sup>	3.2 $\pm$ 0.6 <sup>a</sup>	24.7 $\pm$ 0.6 <sup>a</sup>
2	2.4 $\pm$ 0.5 <sup>a</sup>	3.3 $\pm$ 0.3 <sup>a</sup>	25.1 $\pm$ 0.8 <sup>a</sup>

3 <sup>a</sup>Means in a column without a common letter differ,  $P < 0.05$ .

**Table 2.** Effect of carnosine (Car) alone or plus MPTP treatment on content of Car, GSH, total antioxidant capacity (TAC), MDA and ROS in the striatum. Values are mean  $\pm$  SD, n=10.

	Car	GSH	TAC	MDA	ROS
	mg/100 g	ng/mg protein	nmol/mg protein	$\mu$ mol/mg protein	nmol/mg protein
control	6.04 $\pm$ 0.91 <sup>c</sup>	94 $\pm$ 6 <sup>e</sup>	129 $\pm$ 14 <sup>d</sup>	0.25 $\pm$ 0.04 <sup>a</sup>	0.23 $\pm$ 0.06 <sup>a</sup>
Car, 0.5	6.13 $\pm$ 0.97 <sup>c</sup>	98 $\pm$ 8 <sup>e</sup>	130 $\pm$ 10 <sup>d</sup>	0.19 $\pm$ 0.06 <sup>a</sup>	0.20 $\pm$ 0.04 <sup>a</sup>
Car, 1	6.81 $\pm$ 1.08 <sup>d</sup>	118 $\pm$ 10 <sup>f</sup>	137 $\pm$ 12 <sup>d</sup>	0.22 $\pm$ 0.03 <sup>a</sup>	0.18 $\pm$ 0.05 <sup>a</sup>
Car, 2	7.08 $\pm$ 1.19 <sup>d</sup>	123 $\pm$ 12 <sup>f</sup>	136 $\pm$ 15 <sup>d</sup>	0.26 $\pm$ 0.04 <sup>a</sup>	0.21 $\pm$ 0.06 <sup>a</sup>
MPTP	4.07 $\pm$ 0.70 <sup>a</sup>	34 $\pm$ 4 <sup>a</sup>	66 $\pm$ 6 <sup>a</sup>	1.40 $\pm$ 0.11 <sup>d</sup>	1.23 $\pm$ 0.13 <sup>d</sup>
Car, 0.5 + MPTP	3.98 $\pm$ 0.51 <sup>a</sup>	45 $\pm$ 5 <sup>b</sup>	73 $\pm$ 5 <sup>a</sup>	1.29 $\pm$ 0.10 <sup>d</sup>	1.19 $\pm$ 0.12 <sup>d</sup>
Car, 1 + MPTP	4.85 $\pm$ 0.55 <sup>b</sup>	60 $\pm$ 3 <sup>c</sup>	90 $\pm$ 7 <sup>b</sup>	0.87 $\pm$ 0.07 <sup>c</sup>	0.93 $\pm$ 0.10 <sup>c</sup>
Car, 2 + MPTP	5.11 $\pm$ 0.47 <sup>b</sup>	72 $\pm$ 5 <sup>d</sup>	108 $\pm$ 10 <sup>c</sup>	0.57 $\pm$ 0.08 <sup>b</sup>	0.75 $\pm$ 0.09 <sup>b</sup>

Means in a column without a common superscript letter differ,  $P < 0.05$

**Table 3.** Effect of carnosine (Car) alone or plus MPTP treatment on activity of GPX, SOD and catalase in the striatum. Values are mean  $\pm$  SD, n=10.

	GPX	SOD	Catalase
	U/mg protein	U/mg protein	U/mg protein
Control	22.0 $\pm$ 1.6 <sup>e</sup>	7.3 $\pm$ 1.0 <sup>c</sup>	2.8 $\pm$ 0.5 <sup>c</sup>
Car, 0.5	21.6 $\pm$ 1.7 <sup>e</sup>	7.5 $\pm$ 0.9 <sup>c</sup>	2.6 $\pm$ 0.4 <sup>c</sup>
Car, 1	22.3 $\pm$ 1.9 <sup>e</sup>	7.0 $\pm$ 0.5 <sup>c</sup>	3.0 $\pm$ 0.8 <sup>c</sup>
Car, 2	21.8 $\pm$ 1.5 <sup>e</sup>	7.2 $\pm$ 0.7 <sup>c</sup>	2.7 $\pm$ 0.7 <sup>c</sup>
MPTP	9.1 $\pm$ 1.0 <sup>a</sup>	1.9 $\pm$ 0.4 <sup>a</sup>	0.9 $\pm$ 0.3 <sup>a</sup>
Car, 0.5 + MPTP	11.3 $\pm$ 1.2 <sup>b</sup>	2.5 $\pm$ 0.5 <sup>a</sup>	1.2 $\pm$ 0.4 <sup>a</sup>
Car, 1 + MPTP	14.2 $\pm$ 1.3 <sup>c</sup>	4.0 $\pm$ 0.6 <sup>b</sup>	1.9 $\pm$ 0.6 <sup>b</sup>
Car, 2 + MPTP	17.4 $\pm$ 1.5 <sup>d</sup>	4.7 $\pm$ 0.9 <sup>b</sup>	2.0 $\pm$ 0.5 <sup>b</sup>

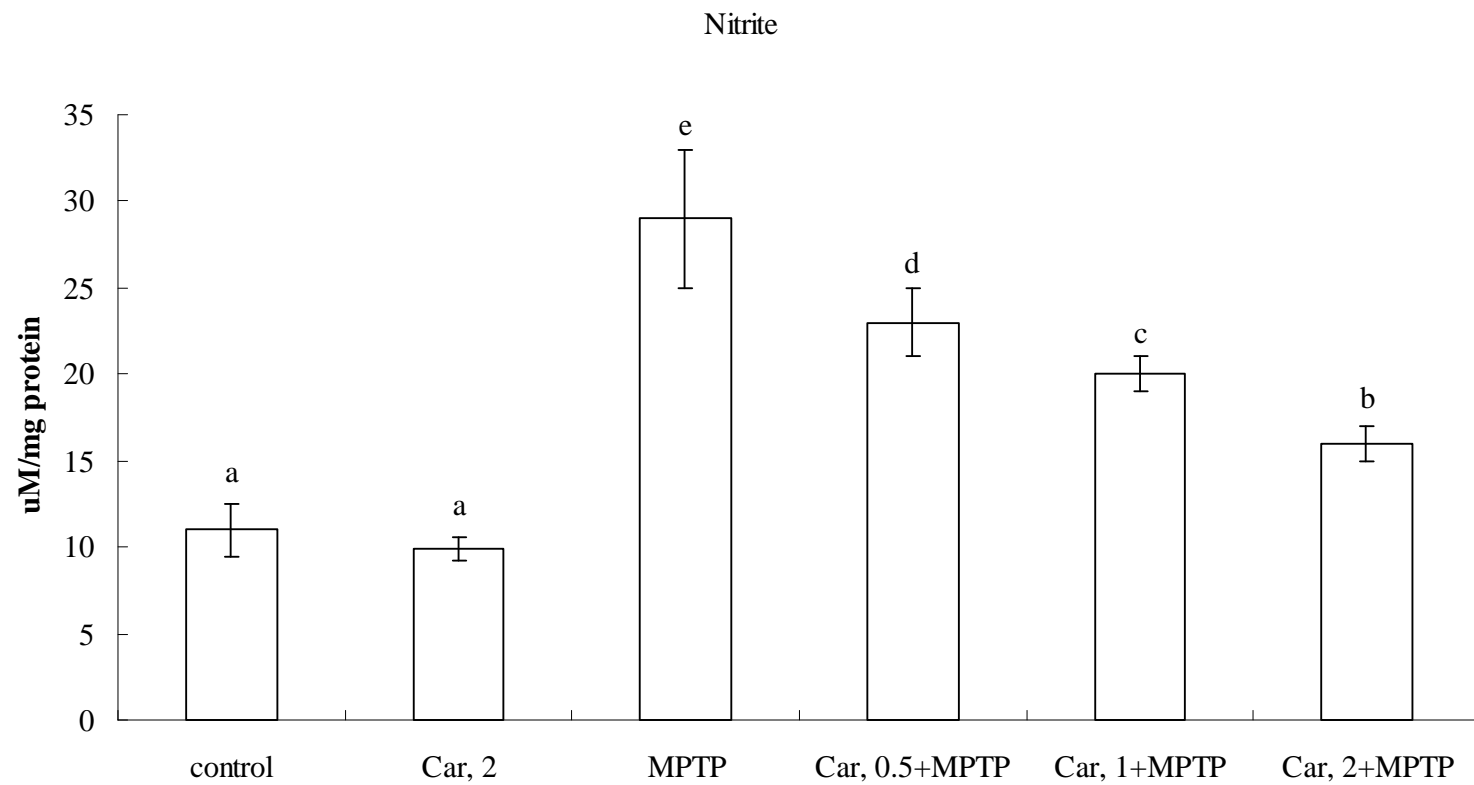
Means in a column without a common superscript letter differ,  $P < 0.05$ .

**Table 4.** Effect of carnosine (Car) alone or plus MPTP treatment on level (pg/mL) of IL-1 $\beta$ , IL-6, TNF- $\alpha$  and MCP-1 in the striatum. Values are mean  $\pm$  SD, n=10.

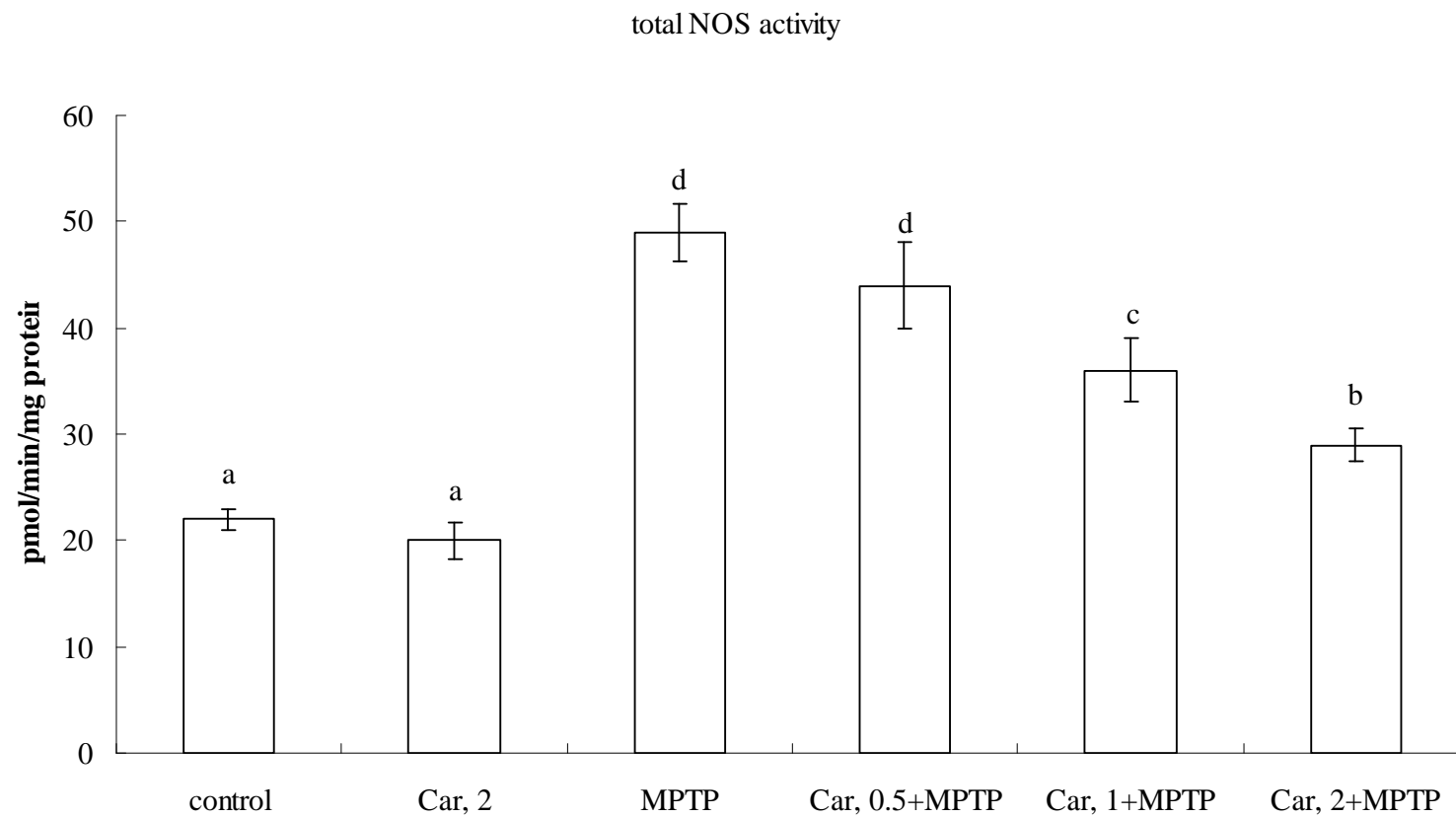
	IL-1 $\beta$	IL-6	TNF- $\alpha$	MCP-1
Control	19.7 $\pm$ 1.3 <sup>a</sup>	17.5 $\pm$ 2.1 <sup>a</sup>	20.8 $\pm$ 1.5 <sup>a</sup>	16.2 $\pm$ 1.0 <sup>a</sup>
Car, 0.5	18.6 $\pm$ 1.4 <sup>a</sup>	18.7 $\pm$ 1.6 <sup>a</sup>	21.2 $\pm$ 2.4 <sup>a</sup>	17.0 $\pm$ 1.4 <sup>a</sup>
Car, 1	20.3 $\pm$ 1.6 <sup>a</sup>	19.0 $\pm$ 1.5 <sup>a</sup>	19.7 $\pm$ 1.8 <sup>a</sup>	16.6 $\pm$ 0.9 <sup>a</sup>
Car, 2	19.2 $\pm$ 1.0 <sup>a</sup>	17.2 $\pm$ 1.3 <sup>a</sup>	20.5 $\pm$ 1.7 <sup>a</sup>	15.9 $\pm$ 1.1 <sup>a</sup>
MPTP	120.6 $\pm$ 10.2 <sup>d</sup>	105.8 $\pm$ 7.4 <sup>d</sup>	133.9 $\pm$ 9.2 <sup>e</sup>	90.5 $\pm$ 5.6 <sup>c</sup>
Car, 0.5 + MPTP	111.8 $\pm$ 8.1 <sup>d</sup>	97.2 $\pm$ 5.9 <sup>d</sup>	109.1 $\pm$ 7.0 <sup>d</sup>	85.4 $\pm$ 3.8 <sup>c</sup>
Car, 1 + MPTP	84.4 $\pm$ 6.7 <sup>c</sup>	75.4 $\pm$ 4.0 <sup>c</sup>	76.4 $\pm$ 5.2 <sup>c</sup>	81.1 $\pm$ 4.0 <sup>c</sup>
Car, 2 + MPTP	63.6 $\pm$ 5.1 <sup>b</sup>	49.3 $\pm$ 3.8 <sup>b</sup>	55.3 $\pm$ 4.5 <sup>b</sup>	62.0 $\pm$ 2.5 <sup>b</sup>

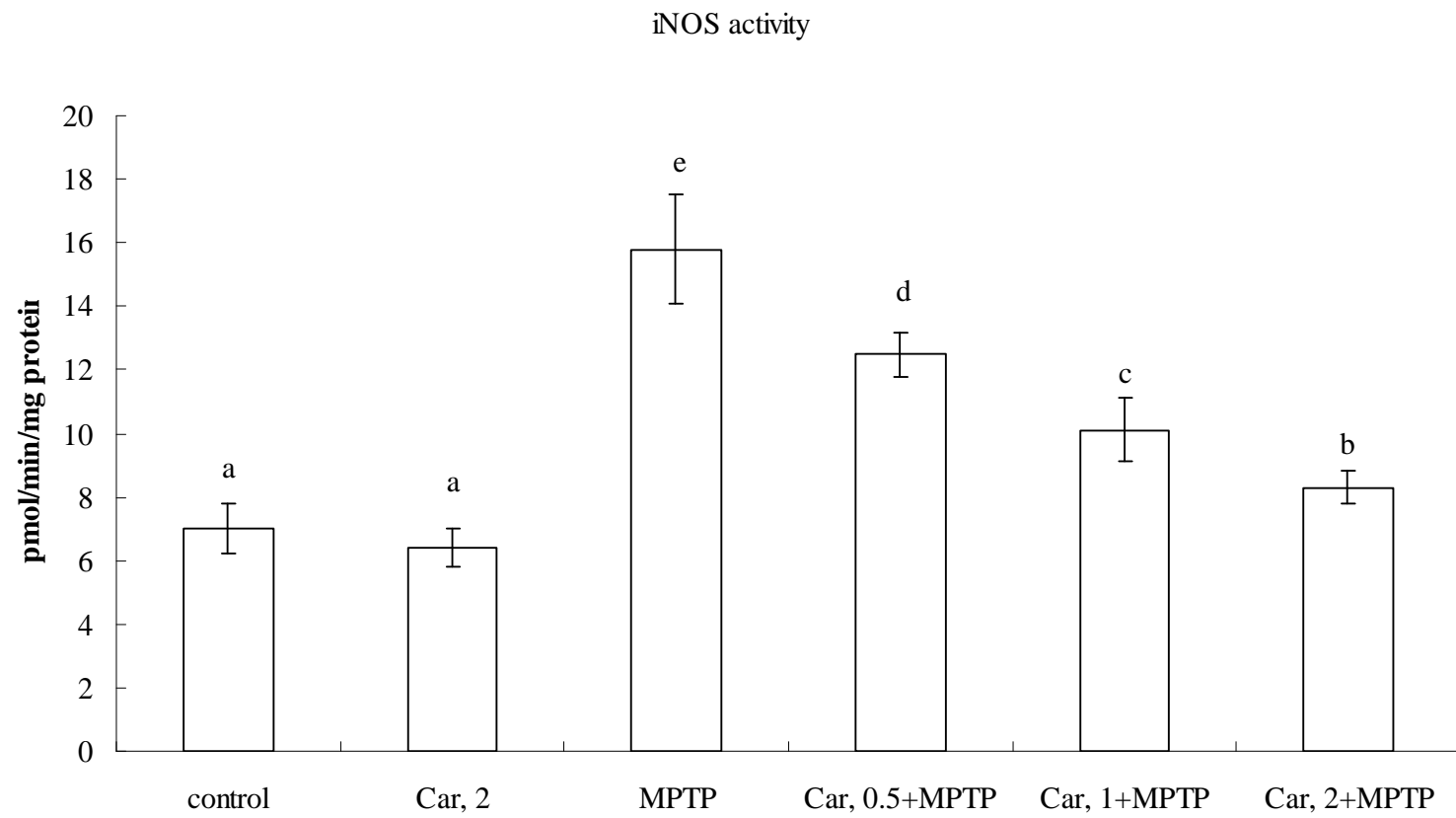
Means in a column without a common superscript letter differ,  $P < 0.05$ .

**Figure 1.** Effect of carnosine (Car) alone or plus MPTP treatment on nitrite level, total NOS and iNOS activity in the striatum. Data are mean  $\pm$  SD (n=10). <sup>a-c</sup>Means among bars without a common letter differ,  $P < 0.05$ .



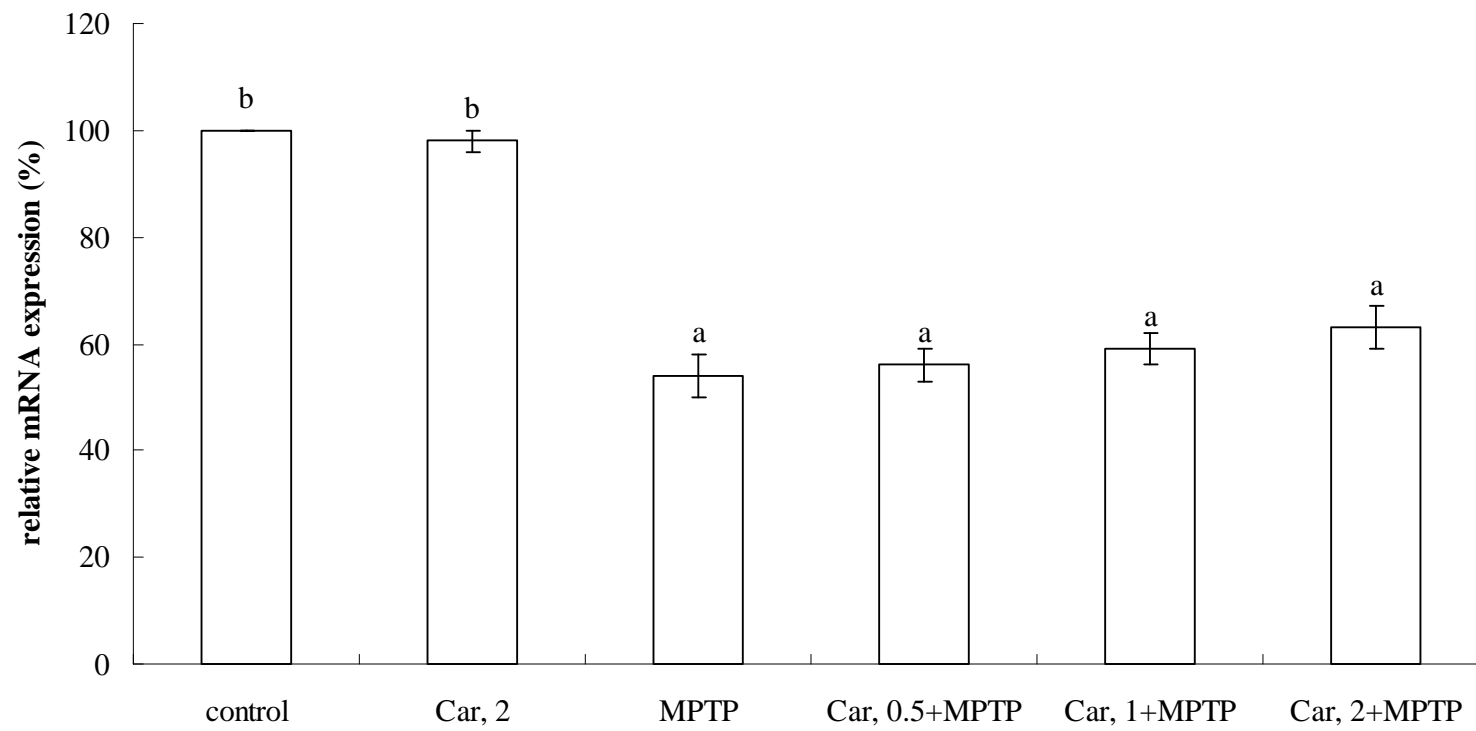


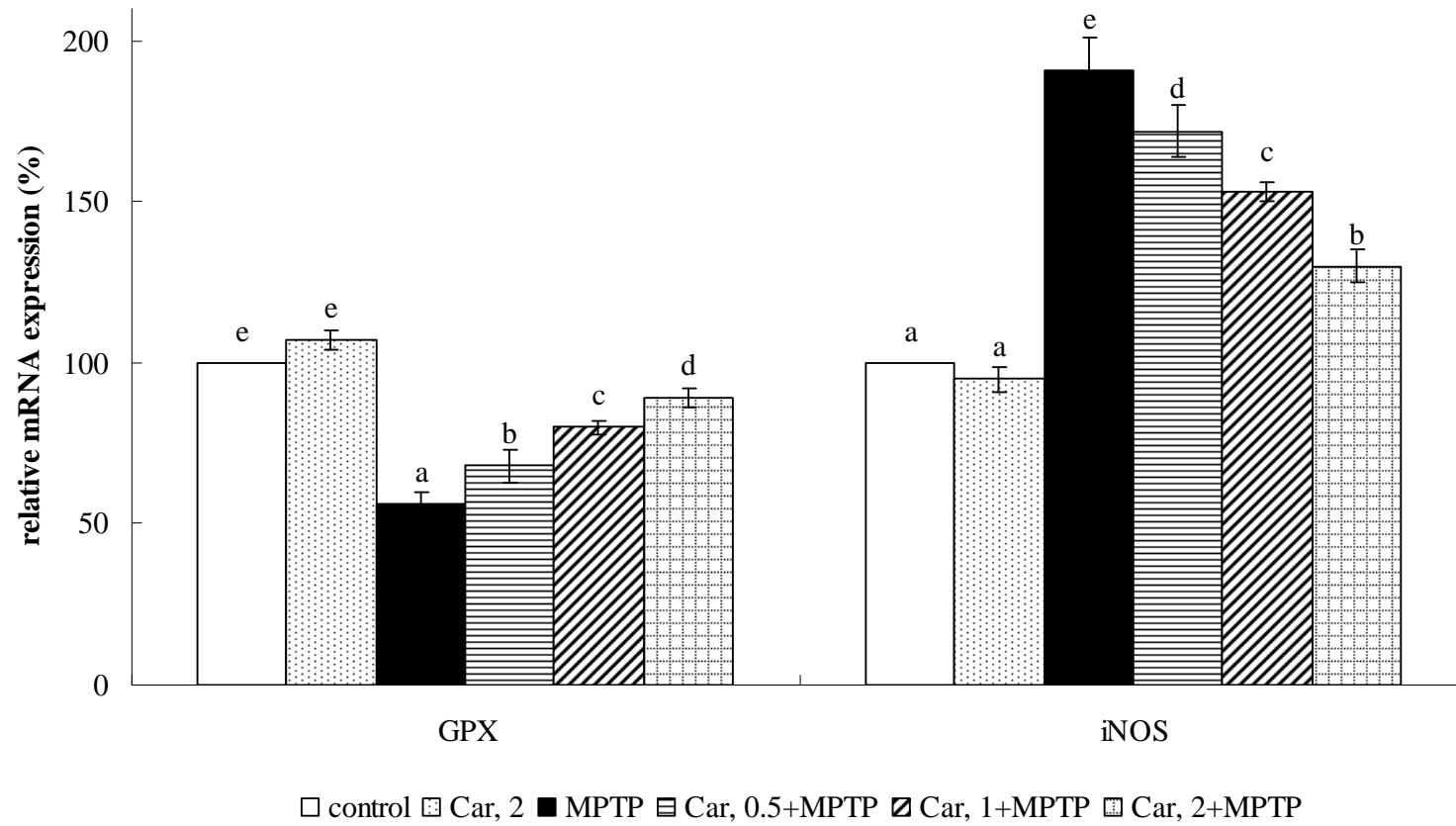


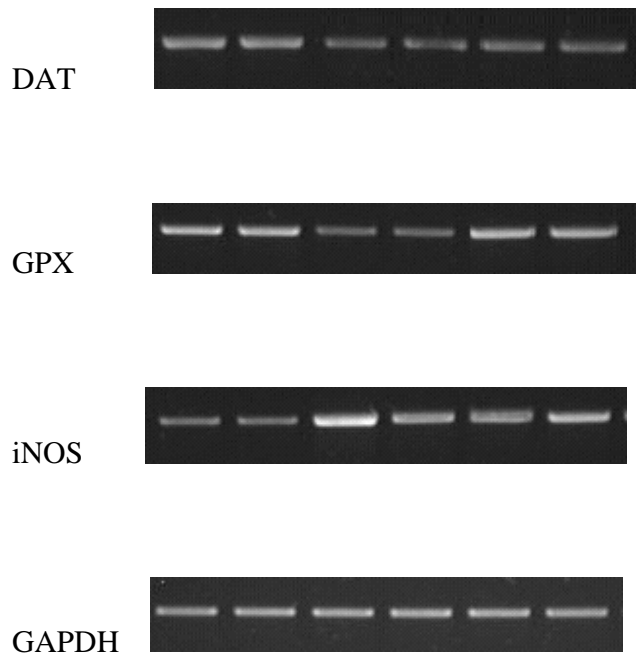


**Figure 2.** mRNA expression of DAT, GPX and iNOS in striatum from mice treated with carnosine (Car) alone or plus MPTP. Data are mean  $\pm$  SD (n=10). <sup>a-e</sup>Means among bars without a common letter differ,  $P<0.05$ .

DAT







1 2 3 4 5 6

Number 1 to 6 (from left to right) represents control, Car2, MPTP, Car0.5+MPTP, Car1+MPTP, Car2+MPTP, respectively.

**Table 5.** Effect of carnosine (Car) alone or plus MPTP treatment on content (ng/mg) of DA, DOPAC and HVA in the striatum. Values are mean  $\pm$  SD, n=10.

	DA	DOPAC	HVA
control	9.43 $\pm$ 1.05 <sup>e</sup>	0.75 $\pm$ 0.10 <sup>c</sup>	0.94 $\pm$ 0.09 <sup>c</sup>
Car, 0.5	9.51 $\pm$ 0.92 <sup>e</sup>	0.78 $\pm$ 0.08 <sup>c</sup>	0.92 $\pm$ 0.10 <sup>c</sup>
Car, 1	9.37 $\pm$ 0.88 <sup>e</sup>	0.74 $\pm$ 0.12 <sup>c</sup>	0.95 $\pm$ 0.11 <sup>c</sup>
Car, 2	9.40 $\pm$ 0.98 <sup>e</sup>	0.73 $\pm$ 0.07 <sup>c</sup>	0.91 $\pm$ 0.06 <sup>c</sup>
MPTP	1.42 $\pm$ 0.08 <sup>a</sup>	0.41 $\pm$ 0.05 <sup>a</sup>	0.46 $\pm$ 0.07 <sup>a</sup>
Car, 0.5 + MPTP	2.67 $\pm$ 0.10 <sup>b</sup>	0.45 $\pm$ 0.07 <sup>a</sup>	0.52 $\pm$ 0.06 <sup>a</sup>
Car, 1 + MPTP	4.71 $\pm$ 0.25 <sup>c</sup>	0.57 $\pm$ 0.04 <sup>b</sup>	0.65 $\pm$ 0.05 <sup>b</sup>
Car, 2 + MPTP	6.93 $\pm$ 0.31 <sup>d</sup>	0.61 $\pm$ 0.06 <sup>b</sup>	0.73 $\pm$ 0.08 <sup>b</sup>

Means in a column without a common superscript letter differ,  $P < 0.05$ .